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## SpeechLanguage Pathology/Therapy Services CorporateMedical Policy

File Name: Speech Language Pathology/Therapy Services

File Code: 8.03.VT04

Origination: 01/1997 as a component of PT/OT/ST

Last Review: 07/2021

Next Review: 07/2022

Effective Date: 11/01/2021

### Description/Summary

Speech-language pathology services (SLP), also referred to as speech therapy (ST) are the treatment of swallowing, speech-language, and cognitive-communication disorders. SLP services facilitate the development and maintenance of human communication and swallowing through assessment, diagnosis, and rehabilitation.

### Policy

#### Coding Information

[Click the links below for attachments, coding tables & instructions.](#)

[Attachment I- CPT® Code List and Policy Instructions](#)

#### When a service may be considered medically necessary

SLP services are considered **medically necessary** when used to treat swallowing, speech- language, and cognitive-communication disorders due to disease, trauma, congenital anomalies, or prior therapeutic intervention.

I. To be considered **medically necessary**, ST services must meet **ALL** of the following criteria:

- Services are for the treatment of communication impairment or swallowing disorders due to a covered injury, illness, or disease, and are appropriate treatment for the condition
- Services are performed to restore and improve the functional needs of a patient who suffers from a communication disability or swallowing disorder due to illness, injury, congenital anomaly, or prior therapeutic intervention
- Treatments are expected to result in significant, practical improvement in the

patient's level of functioning in a reasonable and generally predictable period of time or are necessary for the establishment of a safe and effective maintenance program. Treatments should be directed toward restoration or compensation for lost function. The improvement potential must be significant in relation to the extent and duration of therapy required

- Therapy is prescribed by an eligible provider as defined by the subscriber contract
- Treatment is rendered by a qualified provider of speech therapy services. A qualified provider is one who is licensed and certified where required and is performing within their scope of practice
- The services must be considered under currently accepted standards of medical practice to be a specific and effective treatment for the patient's existing condition
- The complexity and sophistication of the treatment and the patient's condition must require the judgment and knowledge of a speech pathologist
- Services do not duplicate those provided by any other therapy, particularly occupational therapy

II. If the above criteria are met, the following guidelines apply in determining medical necessity:

The treatments and procedures listed in attachment I require the skills and expertise of a licensed eligible provider. (In conjunction with delivering these services, the provider is expected to provide teaching and training to the patient and available family members and/or care givers to facilitate their participation in and/or assumption of the total program. Maintenance programs in themselves are not considered medically necessary and must be taught before the end of the active rehabilitation program.)

The evaluation of patients with speech disorders is medically necessary to determine the causes of aphasia, dysphasia, dysarthria, cognitive communication disorders, apraxia or aphonia. The treatment plan is directed toward the active treatment of disease, trauma, congenital anomalies, or therapeutic processes that result in:

- Dysphagia - difficulty in swallowing
- Dysphasia - impairment of speech consisting of a lack of coordination and failure to arrange words in their proper order
- Dysarthria - impairment of articulation
- Aphasia - impairment of the power of expression by speech, writing or symbols, or of comprehending spoken or written language
- Apraxia - the inability to perform purposeful movement in the absence of paralysis or other motor or sensory impairment
- Dysphonia/Aphonia - inability or difficulty producing clear speech sounds from the larynx, due to paralysis, paresis or disease of the vocal cords / larynx, pharynx and /or oral cavity nerves
- Speech - language delay in children due to documented acquired hearing loss; e.g., repeated ear infections resulting in hearing loss
- Paradoxical vocal cord dysfunction - a form of laryngeal dyskinesia characterized by inappropriate adduction of the true vocal cords during inspiration, leading to

obstructive airway symptoms

- Tongue thrust therapy if a neuromuscular disorder is present

### Speech Therapy for individuals diagnosed with Autism Spectrum Disorders (ASD)

According to the American Speech-Language-Hearing Association (ASHA), speech-language pathologists play a role in screening, diagnosing, and enhancing the development of social communication and quality of life of children, adolescents, and adults with ASD. They work with individuals with ASD to help diagnose and treat specific speech and language deficits as well as related feeding disorders. There is no single approach that is equally effective for all individuals with ASD, and based on outcome studies, not all individuals benefit to the same degree. Speech-language consultative services should be aimed at helping the communicative partner (e.g., teacher, parent, caregiver, peer, and sibling) to provide the support and employ specific teaching strategies to enhance active engagement in natural learning environments.

The following components for the management of ASD may be considered medically necessary when the specified medical criteria apply. In accordance with the terms defined in the applicable medical policies, benefit contracts on these topics, or where a state mandate provides for such coverage, speech therapy may be considered medically necessary when all of the following criteria are met:

- The individual has a documented Diagnostic and Statistical Manual of Mental Disorders (DSM-5) diagnosis of ASD and/or moderate to severe intellectual disability
- The individual has a history of a clinically significant impairment that interferes with the ability to negotiate their environment, communicate, learn, and/or demonstrate appropriate social behavior, which may include impaired speech, language and/or communication
- The parent(s) and/or caregiver(s) are willing and able to participate and follow the training and support that is incorporated into the treatment plan.
- The therapy is rendered by or under the direction of a healthcare provider who is appropriately licensed to perform the therapy and who is eligible under the terms of the member's benefit contract.
- The individual's progress in meeting the objectives of the treatment plan is measured on an ongoing basis for adjustment or refinement.

For Speech Therapy services for ASD (for members, beginning at birth and continuing until the member reaches age 21), prior approval is required for additional visits beyond 30 combined sessions of physical therapy/occupational therapy/speech therapy (PT/OT/ST) visits.

The benefit for Speech Therapy services, as treatment for eligible diagnoses refer to Applied Behavior Analysis Corporate Medical Policy up to age 21, is not subject to the combined 30 visit limit. When coverage for such therapies is authorized, unless a provider or the Plan determines an earlier assessment is required, the assessment of the individual's progress in meeting the objectives of the treatment plan shall be valid for six months. In order for benefits for Speech Therapy to continue beyond the initial six-month period (or sooner if a shorter duration of need is determined in the initial evaluation), the provider must submit a progress report containing all applicable information outlined in this policy. Based on the information submitted, authorization for additional services may be extended for up to an additional six-month period if such services are determined to be medically necessary.

### When a service is considered not medically necessary

Services not meeting the criteria in sections I and II above are considered **not medically necessary**. These types of services may include, but are not limited to:

- Treatment of conversion disorder, selective mutism, anxiety, or psychotic conditions
- Treatment of dysfunctions that are self-correcting such as hoarseness
- Language therapy for young children with natural dysfluency or developmental articulation errors that are self-correcting
- Treatment of stammering or stuttering
- Treatment of functional dysphonia
- Instruction of other professional personnel in the patient's ST treatment program. Collaboration with other professional personnel or with other community resources
- Inpatient benefits if the hospital admission is solely for the purpose of receiving ST treatment.
- Non-skilled Services- Certain types of treatment do not generally require the skills of a qualified provider of speech therapy services, such as treatments that maintain function by using routine repetitions, and reinforced procedures that are neither diagnostic nor therapeutic (e.g., practicing word drills for developmental articulation errors) or procedures that may be carried out effectively by the patient, family, or caregivers. A maintenance therapy program consists of drills, techniques, and exercises that preserve the patient's present level of function and prevent regression of that function. Maintenance begins when the therapeutic goals of a treatment plan have been achieved and when no further functional progress is apparent or expected to occur. Benefits for the maintenance program itself are not medically necessary.
- Duplicate therapy- When patients receive both Occupational Therapy and ST services, the therapies should provide different treatments and not duplicate the same treatment. They must also have separate treatment plans and goals. (See BCBSVT Medical Policy on Occupational Therapy).

### When a service is considered investigational

- ST services are considered investigational for treatment of ASD for individuals over the age of 21 years because published scientific literature does not support their effectiveness. ST may be eligible for members over the age of 21 years diagnosed with ASD if they meet medical necessity criteria for ST for other diagnoses where these therapies may be indicated.

### When a service is considered non-covered as they are a benefit exclusion:

- Biofeedback or other forms of self-care or self-help training
- Cognitive training or retraining and educational programs, including any program designed principally to improve academic performance, reading, or writing skills.
- Communication devices and communication augmentation devices.
- Computer technology or accessories and other equipment, supplies or treatment intended primarily to enhance occupational, recreational, or vocational activities, hobbies or academic performance.

- Treatment for developmental delay. This exclusion does not apply to mandated treatment of Autism Spectrum Disorder up to age 21 as defined by Vermont law.
- Care for which there is no therapeutic benefit or likelihood of improvement.
- Care, the duration of which is based upon a predetermined length of time rather than the condition of the patient, the results of treatment or the individual's medical progress.
- Care provided but not documented with clear, legible notes indicating patient's symptoms, physical findings, the provider's assessment, and treatment modalities used (billed).
- Education, educational evaluation or therapy, therapeutic boarding schools, services that should be covered as part of an evaluation for, or inclusion in, a Child's individualized education plan (IEP) or other educational program.
- Therapy services that are considered part of custodial care;
- Services, including modalities that do not require the constant attendance of a provider.
- Services beyond those needed to restore ability to perform Activities of Daily Living.
- Unattended services or modalities (application of a service or modality) that do not require one-on-one patient contact by provider.
- Supervised services or modalities that do not require the skill and expertise of licensed providers.

### Habilitative and Rehabilitative Services

Habilitative and rehabilitative services are services provided to achieve normal functions and skills necessary to perform age-appropriate basic activities of daily living, including ambulation, eating, bathing, dressing, speech, and elimination.

Habilitation and rehabilitation services may include respiratory therapy, speech therapy treatment, occupational therapy, and physical medicine treatments. Habilitation and rehabilitation services may be performed by those who are qualified to perform such services and do so within the scope of their license. Such services are evaluated based on objective documentation of measurable progress toward functional improvement goals. Measurement methods must be valid, reliable, repeatable, and evidence-based.

Habilitative services, including devices, are provided for a person to attain a skill or function never learned or acquired due to a disabling condition.

Rehabilitation services, including devices, whereas, are provided to help a person regain, maintain or prevent deterioration of a skill or function that has been acquired but then lost or impaired due to illness, injury, or disabling condition.

Initial benefits for habilitation and rehabilitation services may be considered medically necessary when the criteria in this policy apply.

Additional habilitative and rehabilitative services are not considered medically necessary in the absence of objective documentation of ongoing clinically significant functional improvement being achieved, or when there is not a medically reasonable expectation that additional treatment will

lead to additional clinically significant functional improvement.

The following services are excluded from benefits under our certificates of coverage: custodial care, vocational, recreational, educational services, and services that show no likelihood of improvement and/or no therapeutic benefit.

### **Related Policies**

Applied Behavior Analysis  
Cognitive Rehabilitation  
Occupational Therapy  
Physical Therapy/Medicine

### **Legislative Guidelines**

V.S.A. § 4088i-Early Childhood Developmental Disorders.  
Vermont Act 127- Autism Spectrum Disorders

### **Document Precedence**

Blue Cross and Blue Shield of Vermont (BCBSVT) Medical Policies are developed to provide clinical guidance and are based on research of current medical literature and review of common medical practices in the treatment and diagnosis of disease. The applicable group/individual contract and member certificate language, or employer's benefit plan if an ASO group, determines benefits that are in effect at the time of service. Since medical practices and knowledge are constantly evolving, BCBSVT reserves the right to review and revise its medical policies periodically. To the extent that there may be any conflict between medical policy and contract/employer benefit plan language, the member's contract/employer benefit plan language takes precedence.

### **Audit Information**

BCBSVT reserves the right to conduct audits on any provider and/or facility to ensure compliance with the guidelines stated in the medical policy. If an audit identifies instances of non-compliance with this medical policy, BCBSVT reserves the right to recoup all non-compliant payments.

## **Administrative and Contractual Guidance**

### **Benefit Determination Guidance**

Benefits are subject to all terms, limitations, and conditions of the subscriber contract or employer benefit plan. Prior approval may be required for additional visits beyond 30 combined PT/OT/ST visits per plan year.

NEHP/ABNE members may have different benefits for services listed in this policy. To confirm benefits, please contact the customer service department at the member's health plan.

Federal Employee Program (FEP): Members may have different benefits that apply. For further

information please contact FEP customer service or refer to the FEP Service Benefit Plan Brochure. It is important to verify the member's benefits prior to providing the service to determine if benefits are available or if there is a specific exclusion in the member's benefit.

Coverage varies according to the member's group or individual contract. Not all groups are required to follow the Vermont legislative mandates. Member Contract language takes precedence over medical policy when there is a conflict.

Coverage requirements may differ for members diagnosed with conditions included within the definition of Autism Spectrum Disorder Please refer to the following Corporate Medical Policies: Applied Behavior Analysis including Autism and Evaluation and Management of Autism Spectrum Disorder and/or Moderate or Severe Intellectual Disability.

If the member receives benefits through an Administrative Services Only (ASO) group, benefits may vary or not apply. To verify benefit information, please refer to the member's employer benefit plan documents or contact the customer service department. Language in the employer benefit plan documents takes precedence over medical policy when there is a conflict.

The plan covers up to 30 habilitative and up to 30 rehabilitative outpatient sessions, *combined for* PT/ OT/ST visits per plan year. This maximum applies to sessions provided in the home, an outpatient facility or professional office setting. The maximum number of visits included in covered benefits may vary for specific contracts or products. Please refer to the appropriate subscriber contract or employer benefit plan for the applicable benefit maximum.

A self-pay agreement must be entered into with the member prior to rendering any services described in this policy when members choose to pay, at their own expense for services that exceed the limitations of coverage (i.e. visits beyond the 30 combined visit limit) or any other excluded or non-covered services i.e. care designed to prepare them for specific occupational, hobbies, sports, leisure & recreational activities, acupuncture or massage therapy (not all inclusive). This self-pay agreement must be maintained as part of the member's medical record.

A plan of care which should be updated as the member's condition changes, be recertified by a physician at least every 30 days, and include **ALL** of the following:

- Specific statements of long- and short-term goals
- Measurable objectives
- A reasonable estimate of when the goals will be reached
- Specific treatment techniques and/or exercises to be used in the treatment
- Frequency and duration of the treatment.

#### Sessions:

- A ST session is defined as up to one hour of ST (treatment and/or evaluation) on any given day.
- Multiple ST sessions on the same day are applied collectively as a single daily session to the benefit limit of 30 PT/OT/ST sessions per plan year.
- Up to three evaluation sessions are considered medically necessary to evaluate the patient and to develop a written plan of care.
- For treatment relating to autism spectrum disorder and early childhood

developmental disorders as the primary diagnosis, evaluation sessions do not require prior approval, however, all subsequent ST services for autism spectrum disorder and early childhood developmental disorders is subject to prior approval. See BCBSVT medical policies refer to Evaluation and Management of Autism Spectrum Disorder and /or Moderate or Severe Intellectual Disability and Early Childhood Developmental Disorders (ECDD), including Autism on Autism Spectrum Disorder, Coverage of Services and for further clarification.

Speech Therapy services in the Emergency Room apply to the PT, OT and ST combined defined visit benefit limit.

Speech Therapy services rendered at an inpatient level of care to members in an acute inpatient or rehabilitation facility, or under hospice care, do not apply to the defined benefit limit.

### Policy Implementation/Update information

05/2009	Policy extracted from the former Physical Therapy, Occupational Therapy and Speech Therapy Medical Policy and established as a separate and distinct medical policy which mirrors BCBSA medical policy. Reviewed by CAC.
08/2011	New policy format for BCBSVT medical policies. Expanded criteria for covered and non-covered services. Added language relating to benefits mandated by Vermont Act 127 for Autism Spectrum Disorder Coverage. Added references. Expanded ICD-9 coding. Added “related policy” reference. Changed references of calendar year to plan year.
08/2011	Coding is appropriate per Medical/Clinical Coder SAR.
05/2012	removed six months after initiation of therapy language
06/2012	added diagnosis 478.75 as allowable
09/2012	2012 Updated policy to reflect ECDD mandate. Minor format changes and some coding additions and changes, new table formats for codes. Added “audit information” and “legislative guidelines” section. Medical/Clinical Coder reviewed-RLJ.
11/2013	Added Habilitative language to policy as mandated by Section 1302 of the Affordable Care Act. ICD changes to reflect changes to Autism and ECDD policies.
05/2015	Reference to speech therapist changed to speech-language pathologist. Cognitive rehabilitation language from BCBSA policy added. Definitions for aphasia/dysphasia and aphonia/dysphonia added. CPTs- 92521-92524, 96125 and 97532 added.

07/2018	<p>Reviewed and voted at HPC 06/12/2017 with the following summary: Changed policy name Speech Therapy to Speech Language Pathology / Therapy Services from Speech Therapy Services, Updated description section. Added language around Autism Spectrum Disorder. Updated eligible providers. Removed section on Cognitive Rehabilitation - new separate policy. Update related policies. Updated document precedence. Added CPT® G0505, added HCPCS level II modifier-SZ, clarified rehabilitative/habilitative definition headers, update references, removed ICD-10-CM coding table. Added CPT® code 96105, updated related policies, new Cognitive Rehabilitation medical policy created to address Cognitive Rehabilitation services.</p> <p>01/01/2018 Adaptive Maintenance Summary of changes: New code 97127 was added for therapeutic interventions specific to cognitive function and strategies to compensate and manage activity performance with direct patient contact. This code can only be reported once per day. Code 97532 was deleted and the service would now be reported with the new code. Removed - SZ modifier and added -96 modifier to the coding table. G0515 Added. 99483 added can only be reported every 180 days.</p>
03/2019	<p>Added clarifying language for ASD and prior approval requests: For Physical Therapy services for ASD (for children through the age of 21, ending the day before their 22nd birthday), prior approval is required for additional visits beyond 30 combined sessions of PT/ST/OT visits.</p>
01/2020	<p>Adaptive Maintenance Changes: Deleted code 97127 effective 01/01/2020. Moved codes 99483, 96125, 99483 &amp; G0515 to Corporate Cognitive Rehabilitation Medical Policy.</p>
12/2020	<p>Policy reviewed. Added codes 0208T, 0209T, 0210T, 0211T, 0212T to coding table as eligible services.</p>
05/2021	<p>Policy Reviewed. No change to policy statement.</p>
07/2021	<p>Revised Autism Spectrum Services for members, beginning at birth and continuing until the member reaches age 21.</p>

## Eligible providers

Qualified healthcare professionals practicing within the scope of their license(s)

Approved by BCBSVT Medical Directors

Date Approved

Joshua Plavin, MD, MPH, MBA  
Chief Medical Officer

Kate McIntosh, MD, MBA, FAAP  
Senior Medical Director

Attachment I  
CPT® & HCPCS Code List & Instructions

Code Type	Number	Description	Policy Instructions
<b>The following codes will be considered as medically necessary when applicable criteria have been met.</b>			
CPT®	0208T	Pure tone audiometry (threshold), automated; air only	
CPT®	0209T	Pure tone audiometry (threshold), automated; air and bone	
CPT®	0210T	Speech audiometry threshold, automated;	
CPT®	0211T	Speech audiometry threshold, automated; with speech recognition	
CPT®	0212T	Comprehensive audiometry threshold evaluation and speech recognition (0209T, 0211T combined), automated	
CPT®	92507	Treatment of speech, language, voice, communication, and/or auditory processing disorder; individual	
CPT®	92521	Evaluation of speech fluency (eg, stuttering, cluttering)	
CPT®	92522	Evaluation of speech sound production (eg, articulation, phonological process, apraxia, dysarthria)	
CPT®	92523	Evaluation of speech sound production (eg, articulation, phonological process, apraxia, dysarthria); with evaluation of language comprehension and expression (eg, receptive and expressive language)	
CPT®	92524	Behavioral and qualitative analysis of voice and resonance	
CPT®	92526	Treatment of swallowing dysfunction and/or oral function for feeding	
CPT®	92610	Evaluation of oral and pharyngeal swallowing function	
CPT®	92611	Motion fluoroscopic evaluation of swallowing function by cine or video recording	

CPT®	96105	Assessment of aphasia (includes assessment of expressive and receptive speech and language function, language comprehension, speech production ability, reading, spelling, writing, eg, by Boston Diagnostic Aphasia Examination) with interpretation and report, per hour	
HPCPS	G0153	Services, performed by a qualified speech-language pathologist in the home health or hospice setting, each 15 minutes	
HPCSCPT	S9128	Speech therapy, in the home, per diem	
HPCSCPT	S9152	Speech therapy re-evaluation	
Modifier	-96	Habilitative Services	Modifier must be reported when habilitative services are provided. This will allow for the service to accumulate to the correct benefit.
Modifier	-97	Rehabilitative Services	Modifier must be reported when rehabilitative services are provided. This will allow for the service to accumulate to the correct benefit.
REV	0440 0441 0442 0444 0449 0979	Speech Therapy Revenue Codes	
CPT®	92508	Treatment of speech, language, voice, communication, and/or auditory processing disorder; group, 2 or more individuals	Non Covered Benefit Exclusion