DESCRIPTION: Testosterone is an endogenous androgen responsible for normal growth and development of male sex organs. Testosterone is involved in the growth and maturation of the prostate, seminal vesicles, penis, scrotum, development of male hair distribution, laryngeal enlargement, vocal cord thickening, alterations in body musculature and fat distribution.

INDICATION(S): Treatment of Low Testosterone Levels
Hypogonadotropism

REASONS FOR Step Therapy:
☒ Cost
☒ Potential for misuse
☐ Toxicity

CRITERIA for APPROVAL: The patient has had a 30 day trial and failure of generic testosterone 1.62% topical gel; prior to using Androgel®, Androderm®, Axiron®, Fortesta®, Testim®, Vogelxo® Testosterone Gel

REASON for DENIAL of BENEFIT: Patient does not meet above criteria.

BENEFIT APPROVAL: Approval for three years

Policy History: Policy Created: 07/2014
Policy Revised: 10/2018 – Step 1 is now generic testosterone 1.62% topical, Androgel® was added to Step 2

References: