2017 Federal Employee Program (FEP) Prior Approval Listing

Federal Employee Program members only require prior approval on the following services, which are based on medical necessity. For a complete quote of benefit information, please contact the local Blue Cross and Blue Shield plan on the back of the patient’s identification card.

**Services:**

**Applied behavioral analysis (ABA)**
Prior approval is required for all ABA and all related services, including assessments, evaluations and treatments.

**BRCA testing and testing for large genomic rearrangements in the BRCA1 and BRCA2 genes**
Prior approval is required for BRCA testing and testing for large genomic rearrangements in the BRCA1 and BRCA2 genes whether performed for preventive or diagnostic reason.

Note: the patient must have received genetic counseling and evaluation services before preventive BRCA testing is performed.

**Clinical trials for certain blood or marrow stem cell transplants**
Note: for the purposes of the blood or marrow stem cell clinical trial transplants covered under the FEP plans, a clinical trial is research study whose protocol has been reviewed and approved by the Institutional Review Board (IRB) of the FACT-accredited facility, Blue Distinction Center for Transplants, or Cancer Research Facility where the procedure is to be performed.

**Gender reassignment surgery**
Prior to surgical treatment of gender dysphoria, you must submit a treatment plan including all surgeries planned and the estimated date each will be performed. A new prior approval will need to be obtained if the treatment plan is approved and modifications to the original treatment plan needs to be made.

**Home hospice care**
Home hospice, continuous home hospice, or inpatient hospice care services.

**Organ/tissue transplants**
Prior approval required for both the procedure and the facility.

**Outpatient intensity – modulated radiation therapy (IMRT)**
Note: prior approval required for all except IMRT related to the treatment of head, neck, breast, prostate cancer or anal cancer. Brain cancer is not considered a form of head or neck cancer, therefore, prior approval is required for IMRT treatment in brain cancer.
Outpatient sleep studies performed outside the home
Prior approval is required for sleep studies performed in a provider’s office, sleep center, clinic, outpatient center, hospital, skilled nursing facility, residential treatment center and any other location that is not in the patient’s home.

Outpatient surgical services
The surgical services listed below require prior approval when they are to be performed on an outpatient basis. This requirement applies to both the physician services and the facility services.

- surgery for morbid obesity
- surgical correction of congenital anomalies
- surgery needed to correct accidental injuries to jaws, cheeks, lips, tongue roof and floor of mouth.
- Gender reassignment surgery (also see the category of “gender reassignment surgery” above)

Prescription Drugs
Certain prescription drugs require prior approval. Contact CVS Caremark, our Pharmacy Program administrator at (800) 624-5060 to request prior approval or to obtain and updated list of prescription drugs that require prior approval. You must periodically renew prior approval for certain drugs.