

# Blue Cross Blue Shield of Vermont and The Vermont Health Plan Prior Approval Form Emend® (Aprepitant)

BCBSVT and TVHP Fax # (888)–255-1006

If approval criteria are met BCBSVT/TVHP will authorize coverage of Emend® (Aprepitant).  
Thank you for your assistance.

**PLEASE COMPLETE THE FOLLOWING SECTIONS:**

Date of Request \_\_\_\_\_ Patient Name: \_\_\_\_\_  
 Member ID#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Provider Name: \_\_\_\_\_ Provider Phone: \_\_\_\_\_  
 Provider Fax: \_\_\_\_\_ PCP Name: \_\_\_\_\_

**INDICATIONS FOR USE:** *(if this is a renewal proceed to question 6)*

YES    NO

1. Patient is receiving highly emetogenic chemotherapy: <ul style="list-style-type: none"> <li>• patient will qualify if on any agent from level 5, a combination of agents in levels 3 and 4, or a combination of agents in levels 2 and 4.</li> </ul>				<input type="checkbox"/>	<input type="checkbox"/>
Level 2	Level 3	Level 4	Level 5		
Asparaginase Cytarabine (<1g/m <sup>2</sup> ) Docetaxel Doxorubicin (<20mg/m <sup>2</sup> )  Etoposide Fluorouracil (<1000mg/m <sup>2</sup> ) Gemcitabine Methotrexate(>50mg/m <sup>2</sup> ; <250mg/m <sup>2</sup> ) Mitomycin Paclitaxel Teniposide Thiotepa Topotecan	Aldesleukin Cyclophosphamide(i.v. ≤750mg/m <sup>2</sup> ) Dactinomycin (≤1.5mg/m <sup>2</sup> ) Doxorubicin (20-60mg/m <sup>2</sup> )  Epirubicin (≤90mg/m <sup>2</sup> ) Idarubicin Ifosfamide Methenamine (oral) Methotrexate (250-1000mg/m <sup>2</sup> ) Mitoxantrone(≤15mg/m <sup>2</sup> )	Carboplatin Carmustine(<250mg/m <sup>2</sup> ) Cisplatin(<50mg/m <sup>2</sup> ) Cyclophosphamide(>750mg/m <sup>2</sup> to ≤1500mg/m <sup>2</sup> ) Cytarabine (≥1mg/m <sup>2</sup> ) Dactinomycin (>1.5mg/m <sup>2</sup> ) Doxorubicin (>60mg/m <sup>2</sup> ) Irinotecan Melphalan i.v. Methotrexate (≥1000mg/m <sup>2</sup> ) Mitoxantrone (>15mg/m <sup>2</sup> ) Procarbazine (oral)	Carmustine (>250mg/m <sup>2</sup> ) Cisplatin (≥50mg/m <sup>2</sup> ) cyclophosphamide (>1500mg/m <sup>2</sup> ) Dacarbazine (≥500mg/m <sup>2</sup> )  Lomustine (>60mg/m <sup>2</sup> ) Mechlorethamine Pentostatin Streptozocin		
2. Patient has been treated with a 5HT <sub>3</sub> antagonist in combination with a corticosteroid for one cycle of chemotherapy				<input type="checkbox"/>	<input type="checkbox"/>
3. Patient experienced:				<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Acute nausea and vomiting</li> <li>• Delayed nausea and vomiting (n/v occurred at &gt; 24 hours post infusion)</li> </ul>				<input type="checkbox"/>	<input type="checkbox"/>
4. Patient is ≥ 18 years of age				<input type="checkbox"/>	<input type="checkbox"/>
5. Prescriber is an Oncologist				<input type="checkbox"/>	<input type="checkbox"/>
6. Prescriber understands Emend® is only to be given in combination with a 5HT <sub>3</sub> antagonist and a corticosteroid regimen and has ensured patient has these medications available.				<input type="checkbox"/>	<input type="checkbox"/>
7. <b>If this is a renewal:</b> Has the patient experienced a reduction in nausea or emetogenic episodes?				<input type="checkbox"/>	<input type="checkbox"/>

**REASONS FOR BENEFIT DENIAL:**

YES    NO

1. Intended use is not for highly emetogenic chemotherapy	<input type="checkbox"/>	<input type="checkbox"/>
2. Patient is currently taking Orap™ (pimozide)	<input type="checkbox"/>	<input type="checkbox"/>

**If patient meets criteria:**

- **Initial approval:** 3 months • **Quantity limit:** 6 caps • **Renewal approval period:** 3 months

PREScriBER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

*By signing above, the prescriber confirms all information provided is accurate and verifiable via member records.*



**BlueCross BlueShield  
of Vermont**

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